



NurseConnect | May 8, 2025 | 8th Edition

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CT NURSING EVENTS & NEWS



Tina Loarte-Rodriguez, DNP, RN, CPPS, CPHRM,
Executive Director
Connecticut Center for Nursing Workforce

May: A Month of Honor, Healing, and Heritage

This month, we celebrate the caregivers, uplift voices, and break silences—recognizing the power of compassion, diversity, and mental well-being across our community.

We begin with profound gratitude for Nurses Week—a time to honor the heartbeat of healthcare. To every nurse shaping the future with skill, compassion, and resilience: we see you, we celebrate you, and we thank you.

"I AM A CT NURSE" CAMPAIGN

Call for CT Nurses to share about themselves

STAY CONNECTED

Find links to the CCNW website and social media pages. Also, share feedback or submit ideas for newsletter

We also honor the strength and nurturing spirit of mothers, in all forms and identities, this Mother's Day. Your care extends far beyond the home—it builds our communities and drives the health of generations.

May is also Mental Health Awareness Month, and at CCNW, we're not just observing—we're breaking the silence. Mental health is health. Let's end the stigma, start the conversations, and support one another with empathy and courage.

Finally, we proudly recognize Asian American and Pacific Islander Heritage Month, celebrating the rich cultures, histories, and vital contributions of the AAPI community to healthcare and beyond. Diversity isn't a checkbox—it's our strength.

Together, let's make this month not only one of acknowledgment, but of action. Let's lead with compassion, elevate every voice, and build a culture where wellness, equity, and recognition are not seasonal, but constant.

PATHWAYS TO NURSING

Elevating New Voices in Nursing

Now more than ever, the profession is growing and evolving. In Connecticut alone, the demand for compassionate, skilled nurses continues to rise, with pathways ranging from LPN programs to BSN tracks, many of which offer scholarships, mentorship opportunities, and flexible entry points. We're spotlighting real stories from nurses of color who share how they found their calling—and how they're shaping the future of healthcare.

This is also part of a broader movement: Explore Nurses You Should Know, a collaborative campaign aimed at expanding the narrative of who a nurse is. For too long, the image of nursing has been narrowly defined. It's time to shift the lens—to reflect the true, vibrant diversity of the profession. Nurses of color have always been essential to healthcare, but their stories have too often been overlooked. Not anymore.

So if you're curious, inspired, or ready to leap—step into the possibilities. And if you're already in the field, reach back. The next great nurse may just be one conversation away.



Let's break the mold, elevate new voices, and reimagine what the face of nursing truly looks like.

[LEARN MORE](#)

STUDENT SUCCESS CORNER

NCLEX Coming Up? Let's Get You Ready

If you're a nursing student preparing to crush the NCLEX, don't miss our CCNW Pre-Licensure Student Success Event this May—all about NCLEX prep! Get insider tips, test-taking strategies, and the confidence boost you need to walk in ready and walk out licensed.

Space is limited—sign up today and take the next step toward RN success!



Join us May 28 for a power-packed session designed to boost your confidence and prep you for NCLEX success.

[LEARN MORE](#)

LAUNCHING YOUR CAREER

Strong Nurses, Stronger Care: Why Nurse Well-Being Matters

Society benefits from healthy nurses. Prioritizing nurse well-being supports nurses' health, resilience, job satisfaction, and more. A healthy nurse provides quality care, reduces errors, and increases patient satisfaction. This article details the American Nurses Association's development of a definition of a healthy nurse to guide and articulate nurse health and wellness.



When nurses thrive, everyone benefits. Prioritizing the health and well-being of nurses leads to better care, fewer errors, and greater job satisfaction.

[VIEW ARTICLE](#)

ADVANCED PRACTICE SPOTLIGHT

In Review: Trends in Scope of Practice Legislation for 2024

National Center for Health Workforce Analysis projects that the primary care workforce supply is expected to increase, demand for health services is projected to outpace the supply of providers.

In response, states enacted several bills in 2024 addressing interstate licensure compacts, graduate medical education, allied health and scope of practice. States continue to explore scope of practice policy options to increase access to safe, quality health care services.

Every state determines its own scope of practice laws for health care professionals. Scope of practice refers to the types of services a health professional is allowed to provide within a state, along with supervision requirements, authority to administer vaccines and/or prescribe medications, and other roles and responsibilities.



By broadening the authority of certain care providers, lawmakers hope to ease health workforce shortages.

[LEARN MORE](#)

LEADERSHIP IN ACTION

Recommit to the ANA Code of Ethics

"When communities experience fear, nurses must offer presence. When systems perpetuate chaos, nurses must model clarity. When inequities deepen divides, nurses must build bridges."

Danielle McCamey, DNP, ACNP-BC, FAAN, FCCP, FADLN, Founder, President & CEO, DNPs of Color.

View Code of Ethics

<https://codeofethics.ana.org/provisions>



Honor the 75th anniversary by ensuring that the Code of Ethics continues to guide our profession for the next 75 years and beyond.

NURSING EVENTS & NEWS

Collaborative Cancer Care Team Upcoming Workshops

Wellness Within Workshop: Grief & Cancer — a supportive, healing space for those navigating the emotional challenges that come with a cancer journey.

During this workshop, you will:

- Explore the many forms of grief tied to cancer — from diagnosis to loss
- Learn healthy coping strategies to manage emotional stress
- Connect with others and share experiences in a safe, supportive space
- gain tools to foster emotional resilience and healing



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NEWS & EVENTS

A supportive space where hearts are held and stories are shared gently exploring the emotional weight of grief and cancer and the reminder we don't have to carry it alone.

[CLICK HERE TO REGISTER | WELLNESS WITHIN WORKSHOP](#)

[VIEW ALL CCNW UPCOMING EVENTS](#)

I AM A CT NURSE

Call for CT Nurses to share about themselves

CCNW is proud to launch the “**I Am a CT Nurse**” campaign to recognize and celebrate the highly skilled nurses serving Connecticut communities every day. We invite all CT nurses to submit a short, 45–60 second video sharing your name, school and or organization, license, and what you love most about being a CT nurse. By participating, you’ll help shine a spotlight on the dedication, compassion, and expertise that define our state’s nursing profession.

To learn more about how to submit your video, visit our [website](#).



[LEARN HOW TO SUBMIT YOUR VIDEO](#)

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WE WANT TO HEAR FROM YOU!

Please take a few moments and share your feedback with us.

SHARE YOUR THOUGHTS

NEWSLETTER SIGNUP

Like our newsletter? Share with your colleagues

<https://lp.constantcontactpages.com/sll/ZSzi4fe/newslettersignup>

RECOMMENDED HASHTAGS

- #CTNursingWorkforce
- #NursingExcellenceCT
- #ConnecticutNurses
- #CTNurseLeaders
- #CTNursingCommunity
- #HealthCareWorkforceCT



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The Connecticut Center for Nursing Workforce, Inc. | 110 Washington Avenue Lower Level | North Haven, CT 06473
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