



NurseConneCT | April 10, 2025 | 7th Edition

## UPCOMING EVENTS

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## PATHWAYS TO NURSING

Real Talk: Why Communication is a Nurse's Superpower

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Nurse Practitioners Lead the Way—Again

## LEADERSHIP IN ACTION

The importance, challenges, and proposed solutions for preceptors to educate the nursing workforce

## CT NURSING EVENTS & NEWS

Call for Papers for a Special Issue: Health Equity in Emergency Care Settings



Tina Loarte-Rodriguez, DNP, RN, CPPS, CPHRM,  
Executive Director  
Connecticut Center for Nursing Workforce

## Buckets & Budgets: April Wins On and Off the Court

*From national championships to national financial literacy, we've got a lot to cheer for—and a lot to learn.*

Let's give it up for the UConn Women's Basketball team—National Champions and absolute powerhouses! Their victory is more than a win for the record books; it's a reminder that discipline, vision, and teamwork create

## "I AM A CT NURSE" CAMPAIGN

Call for CT Nurses to share about themselves

## STAY CONNECTED

Find links to the CCNW website and social media pages. Also, share feedback or submit ideas for newsletter

magic. We're inspired by their excellence and proud to celebrate their achievement with the entire CCNW community.

While we're in the winning mindset, let's pivot to a different kind of power play—Financial Literacy Month! Whether you're budgeting for nursing school, stacking coins for career moves, or just trying to make sense of student loans, now's the time to level up. At CCNW, we're committed to not just preparing nurses—but empowering future leaders with the knowledge and tools to thrive personally and professionally.

## PATHWAYS TO NURSING

### Real Talk: Why Communication is a Nurse's Superpower

Nurses are often the first and last faces patients see. What you say—and how you say it—matters. That's where therapeutic communication comes in. It's about listening with purpose, speaking with empathy, and using emotional intelligence to meet people where they are, even in tough moments.

Even before you step into nursing school, you can start building this skill. Practice active listening—give people your full attention, pick up on what's not being said, and respond with kindness and clarity. Understand your own emotions, too. Emotional intelligence isn't just a buzzword—it's what helps nurses handle high-stress situations and connect deeply with others.

Want to stand out in the world of nursing? Start by becoming someone who listens with heart and speaks with purpose. It's one of the most powerful tools you'll ever use.



*Thinking about nursing? Great choice. But here's the twist: it's not just about meds and monitors—it's also about meaningful conversations.*

[LEARN MORE](#)

## STUDENT SUCCESS CORNER

**Investing in the Future of Healthcare: The Hospital for Special Care Scholarships Now Open!**

The Hospital for Special Care offers six nursing scholarships for students from Berlin, Farmington, New Britain, Newington, Plainville, or Southington. Applications must be postmarked by April 15, 2025, and are available online and at local schools. Each scholarship has unique eligibility criteria, so be sure to review carefully.

These scholarships are made possible through charitable funds established in honor of loved ones by generous donors, including the late Michael Timura and Allen Botwinick. Their legacy supports aspiring healthcare professionals and invests in the next generation of compassionate caregivers. Winners will be notified in May—don't miss your chance to be one of them! Questions? Contact Gianna Gordon at 860-801-0326 or [ggordon@hfsc.org](mailto:ggordon@hfsc.org).



*Attention future healthcare heroes! The Hospital for Special Care (HFSC) is offering over \$35,000 in scholarships.*

[LEARN MORE](#)

## LAUNCHING YOUR CAREER

### Secure the Bag: Save Smart, Not Hard

Enter the 50/30/20 rule—the Beyoncé of budgeting. It's simple, flexible, and fierce. Break your after-tax income into three buckets: 50% for needs (rent, groceries, gas), 30% for wants (brunch, concert tix, guilty-pleasure streaming), and 20% for savings and debt (yes, future-you deserves peace).

Got a goal in mind? Maybe it's paying off those student loans or finally taking that trip to Puerto Rico. Set a number. Name it. Then reverse-engineer your budget to get there. Automated transfers = chef's kiss.

Bottom line: Money management doesn't mean you can't enjoy life. It just means you're calling the shots—on purpose, with a plan. And that's power.



*Budgeting doesn't have to be boring. If your bank account's been ghosting you by mid-month, it's time to get strategic —not sad.*

## ADVANCED PRACTICE SPOTLIGHT

### Nurse Practitioners Lead the Way—Again

The National Association of Nurse Practitioners in Women's Health (NPWH) is celebrating this recognition, especially the contributions of Women's Health Nurse Practitioners (WHNP-BCs). These advanced

practice nurses are closing critical care gaps for women and gender-diverse individuals by delivering expert, personalized care across the lifespan—from adolescence through postmenopausal years, including sexual and reproductive health for all genders.

WHNP-BCs are increasingly essential in addressing the nation's growing healthcare needs. Trained in evidence-based practice, they provide high-quality, inclusive care in both hospital and community settings, often reaching patients who would otherwise go without. With the NP field projected to grow by 46% through 2033—adding over 135,000 new jobs—WHNP-BCs stand at the forefront of a more accessible, equitable future in healthcare.



*For the second year in a row, Nurse Practitioners (NPs) have claimed the top spot as the #1 job in America*

## LEADERSHIP IN ACTION

### The importance, challenges, and proposed solutions for preceptors to educate the nursing workforce

Preceptors are essential in the clinical education of prelicensure registered nursing and advanced practice registered nursing students. However, there is a growing scarcity of preceptors available to provide clinical education. Additionally, preceptors have not uniformly received professional development in the practice of teaching that is essential in delivering high quality clinical education, and clinical education in nursing is an unfunded mandate. This article reviews the current state of preceptors, the importance and challenges of preceptors in clinical education, the lack of funding for clinical education by preceptors, and proposed solutions.



*Learn more about the current state of nursing and the importance of preceptors.*

[LEARN MORE](#)

## NURSING EVENTS & NEWS

### Call for Papers for a Special Issue: Health Equity in Emergency Care Settings

The Emergency Nurses Association will release its roadmap for addressing justice, diversity, equity, inclusion, and belonging in early 2025. To celebrate this accomplishment and advance health equity in emergency nursing and care settings, the Journal of Emergency Nursing editorial team invites authors to submit health equity papers. Manuscripts should be submitted at <https://www.jenonline.org/> by August 15, 2025.



*connecticut nursing*  
**NEWS & EVENTS**

*The Journal of Emergency*

Authors should consult the Guide for Authors and indicate this special issue in their cover letter.

*Nursing editorial team invites authors to submit health equity papers.*

Questions can be sent to Editor-in-Chief Anna Valdez at [drannamvaldez@gmail.com](mailto:drannamvaldez@gmail.com).

**SUBMIT PAPERS**

**VIEW ALL CCNW UPCOMING EVENTS**

## I AM A CT NURSE

### Call for CT Nurses to share about themselves

CCNW is proud to launch the “**I Am a CT Nurse**” campaign to recognize and celebrate the highly skilled nurses serving Connecticut communities every day. We invite all CT nurses to submit a short, 45–60 second video sharing your name, school and or organization, license, and what you love most about being a CT nurse. By participating, you’ll help shine a spotlight on the dedication, compassion, and expertise that define our state’s nursing profession.



To learn more about how to submit your video, visit our [website](#).

**LEARN HOW TO SUBMIT YOUR VIDEO**



#### WE WANT TO HEAR FROM YOU!

Please take a few moments and share your feedback with us.

**SHARE YOUR THOUGHTS**

#### NEWSLETTER SIGNUP

Like our newsletter? Share with your colleagues <https://lp.constantcontactpages.com/s1/ZSZi4fe/newslettersignup>

#### RECOMMENDED HASHTAGS

- #CTNursingWorkforce
- #NursingExcellenceCT
- #ConnecticutNurses
- #CTNurseLeaders
- #CTNursingCommunity
- #HealthCareWorkforceCT



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