

NurseConneCT

January 23, 2025 | 2nd Edition

UPCOMING EVENTS

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PATHWAYS TO NURSING

Understand the Steps to Your Pathway Into Nursing

STUDENT SUCCESS CORNER

Time Management Helps Reduce Stress and Gives You More Time for Yourself

LAUNCHING YOUR CAREER

Being Organized and Authentic Can Set You Up for Success

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LEADERSHIP IN ACTION

New Year, New Beginnings: Big Issues of 2025

CT NURSING EVENTS & NEWS

The Network of Black Male Nurse Leaders Brother to Brother Distinguished Speaker Series

CCNW NEWSLETTER NAMING CONTEST

Update on CCNW newsletter naming contest



Tina Loarte-Rodriguez, DNP, RN, CPPS, CPHRM,
Executive Director
Connecticut Center for Nursing Workforce

THE SECOND EDITION OF THE CCNW NEWSLETTER

Welcome to the second edition of the CT Center for Nursing Workforce Newsletter! We are thrilled to share updates, resources, and success stories from our dedicated community of nursing professionals. Over the past few months, nurses and healthcare teams across Connecticut have demonstrated outstanding collaboration, resilience, and passion—further proving that nurses are the backbone of healthcare.

We extend our deepest gratitude for your unwavering support. Whether you have volunteered your time, participated in professional development sessions, or helped spread the word about our initiatives, your involvement has been

"I AM A CT NURSE" CAMPAIGN

Call for CT Nurses to share about themselves

STAY CONNECTED

Find links to the CCNW website and social media pages. Also, share feedback or submit ideas for newsletter

integral to advancing our mission. Through your dedication, we continue to refine our programs to better serve your professional needs, fuel advocacy efforts, and foster a spirit of collaboration and learning.

While we celebrate these accomplishments, we remain mindful of the hardships faced by our colleagues and neighbors in regions affected by the devastating wild fires in California. Our thoughts and support go out to everyone impacted, including the courageous nurses, firefighters, and first responders working tirelessly to keep communities safe. As we stand in solidarity with them, we reaffirm our commitment to unity in times of adversity.

In the coming months, we plan to introduce new resources designed to address frontline caregivers' needs, including mental health support, continuing education opportunities, and leadership training. By collaborating with you, we will develop initiatives that advance professional growth and respond to emerging healthcare demands.

Thank you for being part of our journey. Together, let us continue championing nursing, uniting our efforts, and forging a brighter future for all.

PATHWAYS TO NURSING

Applying to Nursing School

Getting into a nursing school in Connecticut means following some important steps and meeting certain requirements. First, you need to have a high school diploma or a GED, which proves you have finished basic schooling. Many nursing schools ask for a certain grade point average (GPA), which shows your overall grades. Commonly, schools look for at least a 2.75 GPA, but sometimes they want 3.0 or higher. If your GPA is lower, it might still be okay to apply, but you should check with the specific school for their rules.

Next, most nursing schools want you to have taken some science and math classes before you start. These classes often include biology, anatomy and physiology, and chemistry. You will also need to show you can do college-level math and write well in English. Many schools require a C or better in these classes to make sure you understand the basics.

[Continue Reading](#)



*Understand the Steps to Your
Pathway Into Nursing*

STUDENT SUCCESS CORNER

Time Management Helps Reduce Stress and Gives You More Time for Yourself

Time management is a crucial skill for nursing students. It helps you balance schoolwork, studying, and personal life. Here are some simple tips to manage your time well:

1. Make a Schedule

Start by creating a schedule. Write down all the things you need to do each day, like classes, study time, and personal activities. Seeing it on paper helps you plan and stay organized.

2. Prioritize Tasks

Some tasks are more important than others. Focus on what needs to be done first. For example, study for a test before working on a project. Tackle the hardest tasks when you have the most energy.

[Continue Reading](#)



Time Management is Critical for Balance Schoolwork, Studying, and Personal Life

[VIEW COMPLETE ARTICLE](#)

LAUNCHING YOUR CAREER

Tips for Applying to Nurse Residency Programs

Applying to a nurse residency program requires preparation and focus. Start early by researching programs, gathering required documents, and understanding application deadlines. Tailor your resume to highlight clinical experience, leadership roles, and relevant skills. A compelling personal statement can set you apart—share your passion for nursing and career goals.

Strong recommendations matter, so ask professors or preceptors who know your strengths. Practice for interviews by reviewing common questions and researching the institution. During interviews, show enthusiasm and ask thoughtful questions about the program.

Professionalism is key—proofread your materials, follow application instructions, and meet deadlines. Networking through open houses or alumni can provide valuable insights. Apply to multiple programs to increase your chances, and send



Being Organized and Authentic Can Set You Up for Success

thank-you notes after interviews to leave a positive impression. By staying organized and authentic, you'll set yourself up for success.

ADVANCED PRACTICE SPOTLIGHT

The LinkedIn Advanced Practice Group

The LinkedIn Advanced Practice Group is meant to provide a dynamic community for Physician Assistants, Nurse Practitioners, Clinical Nurse Specialists, CRNAs, Nurse Midwives and other professionals that serve these practitioners. There are a lot of networks and associations out there, but few offer the networking tools found within LinkedIn.

Please join the community and become a contributing part of this fast growing area of healthcare.

Within this group:

- Network with other practitioners and professionals.
- Ask and Answer questions.
- Share articles and news.
- Promote your opinions and perspectives.
- Post jobs.
- Help this sector of health care progress.

Learn more at <https://www.linkedin.com/groups/2837063/>



*Expanding Your Advance
Practice Network*

LEARN MORE & JOIN THIS GROUP

LEADERSHIP IN ACTION

Chief Nursing Officer 2025 Forecast

Robyn Begley, CEO of the American Organization for Nursing Leadership (AONL), emphasizes the importance of communication and collaboration in addressing these challenges. "Communication, communication, communication," she states, underlining the need for consistent check-ins and joint policy development with nursing staff and managers. Furthermore, CNOs should embrace technology with an open mind, understanding that change is often iterative. "Perfect is the enemy of good," Begley advises, urging CNOs to start small, collect feedback, and adapt as they go.

This year, the focus will be on integrating new technologies into nursing workflows, improving work-life balance, and ensuring patient safety, all while navigating a complex financial landscape. CNOs must continue to foster partnerships with frontline staff and IT colleagues to ensure the success of these initiatives.

For more insights on the evolving role of nursing leadership in 2025, [read the full article here](#).



*New Year, New Beginnings:
Big Issues of 2025*

VIEW MORE INSIGHTS ON THE EVOLVING ROLE OF NURSING
LEADERSHIP IN 2025

NURSING EVENTS & NEWS

The Network of Black Male Nurse Leaders Brother to Brother Distinguished Speaker Series

The Network of Black Male Nurse Leaders is pleased to present the distinguished speaker for the first Brother to Brother Distinguished Speaker Series for 2025, which will be held on Thursday, January 23, 2025, from 6:30 p.m. to 8:00 p.m. EST via Zoom.

The distinguished speaker is Fellow Stephan Davis, DNP, MHSA, FACHE, ANEF, FAAN, who currently serves as the inaugural Executive Director of Leadership, Policy, and Doctor of Nursing Practice Education and an Associate Professor at Georgetown University School of Nursing in Washington, D.C.

RSVP



connecticut nursing
NEWS & EVENTS

*The Network of Black Male
Nurse Leaders Brother to
Brother Distinguished Speaker
Series*

Date: Thursday, January 23,
2025

Time: 6:30 – 8:00 PM ET
Via Zoom

REGISTER

VIEW ALL CCNW UPCOMING EVENTS

CCNW NEWSLETTER NAMING CONTEST

Newsletter Name Chosen

Thank you to all who voted. Your time and input are valuable and appreciated.

The winner of the Newsletter Contest is:

CCNW NurseConne**CT**



I AM A CT NURSE

Call for CT Nurses to share about themselves

CCNW is proud to launch the “I Am a CT Nurse” campaign to recognize and celebrate the highly skilled nurses serving Connecticut communities every day. We invite all CT nurses to submit a short, 45–60 second video sharing your name, school and or organization, license, and what you love most about being a CT nurse. By participating, you’ll help shine a spotlight on the dedication, compassion, and expertise that define our state’s nursing profession.



To learn more about how to submit your video, visit our [website](#).

LEARN HOW TO SUBMIT YOUR VIDEO

Stay
Connected
With CCNW



WE WANT TO HEAR FROM YOU!

Please take a few moments and share your feedback with us.

SHARE YOUR THOUGHTS

NEWSLETTER SIGNUP

Like our newsletter? Share with your colleagues

<https://lp.constantcontactpages.com/s1/ZSZi4fe/newslettersignup>

RECOMMENDED HASHTAGS

#CTNursingWorkforce
#NursingExcellenceCT
#ConnecticutNurses
#CTNurseLeaders
#CTNursingCommunity
#HealthCareWorkforceCT

2025 Annual Nursing Workforce Supporters



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